AMARA NWOSU

PUBLIC HEALTH GRADUATE

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PROFESSIONAL PROFILE

Public health graduate with practical exposure to community health education, outreach support, programme administration and field data collection. Experienced in preparing activity records, organising health information materials and supporting community sessions. Interested in health promotion, preventive health programmes and evidence-informed approaches to improving access to community-based services.

EDUCATION

B.Sc. Public Health | 2021–2025
Lagos State University, Lagos, Nigeria
Second Class Honours (Upper Division)

West African Senior School Certificate | 2014–2020
Unity Senior College, Lagos, Nigeria

RELEVANT EXPERIENCE

Community Health Programme Assistant | Aug 2025–Present
Healthy Neighbourhood Initiative, Lagos, Nigeria

• Coordinate practical arrangements for community health education sessions with programme staff and local volunteers.

• Prepare attendance records, activity summaries and follow-up notes to support routine programme reporting.

• Organise participant registration and health information materials before outreach activities.

• Collect basic field information using programme questionnaires and approved data-collection forms.

Public Health Intern | Jan 2025–Jun 2025
Community Care Centre, Lagos, Nigeria

• Supported the preparation and delivery of health promotion activities and community outreach sessions.

• Prepared and organised information materials for sessions covering hygiene, nutrition and preventive care.

• Entered routine activity information into programme records under staff supervision.

• Assisted with appointment reminders and participant follow-up in line with centre procedures.

COMMUNITY ENGAGEMENT

Volunteer | 2024
Lagos Community Health Outreach
• Supported participant registration and distribution of health information materials during community outreach.

RESEARCH AND ACADEMIC INTERESTS

Health promotion | Community-based prevention | Programme monitoring and evaluation

CORE SKILLS

Community health education and outreach support | Field data collection and record keeping | Programme documentation and activity reporting | Session and event coordination | Microsoft Word and Excel | Written communication and teamwork

PROFESSIONAL DEVELOPMENT

Introduction to Monitoring and Evaluation — Community Learning Hub (2025)

Basic First Aid and Community Safety — City Skills Centre (2024)

LANGUAGES

English (fluent) | Igbo (conversational)

Illustrative portfolio profile | Applicant details and history are fictional